

2007 Summer Camp Guide

TennisLife

MAGAZINE

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WristAssist from Square Hit

Product Review: Square Hit WristAssist (Teaching Aide)
Chris Cary Northdale Golf and Tennis Tampa Florida

Many players can control their larger body parts while hitting a ground stroke, yet find it extremely difficult keeping their smaller body parts like the wrist and forearm from moving too much through the shot. The WristAssist by Square Hit is a teaching aide that can help players with this problem.

Verbal instruction alone like, "keep your wrist firm" doesn't usually do the trick. The WristAssist goes beyond typical verbal instruction, and allows you to see and really feel the correct position of the wrist. I find it particularly helpful in teaching

young students to wait in a ready position with the wrist in the most effective position.

Taking tennis lessons while growing up, I remember my instructor prefacing certain drills by saying, "if you can control your hands, you can control your racket; if you can control your racket, you can control the ball, if you can control the ball, you control your opponent; control the opponent, you control the match." Most club level players and juniors, it seems, have a great deal of trouble controlling their racket, because the wrist position is not learned or controlled.

The WristAssist helps to train the wrist to stay in that "L" position many instructors will tell you about in lessons. You can easily control the tension of the device by simply moving your hand up and down the grip. It is built well, can adjust to all sizes, and is a great value for anyone looking for more racquet control. For more information on this product you can go to www.squarehittennis.com <<http://www.squarehittennis.com/>> or call 650.564.0060. Cost \$69.95

Hot New Sticks from Dunlop

Dunlop Sports Group Americas is launching the Dunlop Aerogel line of rackets. With Aerogel, the lightest solid on earth with strength 4000 times its own weight, the Dunlop engineers have designed a frame that creates strength and stability while allowing perfect touch and feel for ideal control.

Dunlop engineers have developed technologies that utilize these same properties for sport performance. The distribution of Aerogel throughout the racquet is engineered with Dunlop's Multi Filament technology (M-Fil) for maximum performance. The result -- the stiffening of the top of the frame for the minimizing of frame movement and the creation of more power. At the bottom of the racket head Aerogel stabilizes, enabling superior player control and torsional stability. Aerogel combined with M-Fil creates the ultimate performance racket.

- Dunlop Aerogel 2HUNDRED. Made for the high performance players with a long swing, the 2HUNDRED allows for extra power and spin in precision shotmaking. This replaces the M-Fil 200.

Price: \$189.00

- Dunlop Aerogel 3HUNDRED. A control oriented racket made for high performance/club level players. With Aerogel, the 2007 3HUNDRED is slightly lighter than last year's model. This replaces the M-Fil 300.

Price: \$199.00

- Dunlop Aerogel 5HUNDRED. Created for serious players looking for extra power and playability from a lightweight frame. The tapered frame stiffens the racket for tremendous strength.

Price: \$199.00

- Dunlop Aerogel 5HUNDRED TOUR. Slightly heavier and stiffer than the 5HUNDRED, this racket hits a consumer segment that continues to grow in the United States.

Price: \$199.00

